



Alberta Health  
Services

# *Certificate of Participation*

*Thank you for your participation in the:*

*Basic Diabetes Workshop  
for Healthcare Professionals (4.5 hrs)*

*offered by the  
Endocrinology and Metabolism Program,  
Calgary zone of Alberta Health Services  
October 12, 2022*

*As presented by: Dr. J. McKeen (Medical Director),  
B. Madrick, D. Dyjur, S. DeRoo (Education Consultants)*

Diabetes Centre Calgary, Endocrinology & Metabolism Program  
Alberta Health Services, Calgary zone

# **BASIC DIABETES WORKSHOP FOR HEALTHCARE PROFESSIONALS**

Dr. Julie McKeen, Diabetes Centre Calgary Medical Director  
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Endocrinology and Metabolism Program, Calgary Zone,  
Alberta Health Services

Zoom Video Conference Session. 0800-1230 (4.5 hours)

## **AGENDA**

### **WELCOME**

### **PATHOPHYSIOLOGY, DIAGNOSIS AND TREATMENT OVERVIEW**

### **AGENDA-SETTING WITH CLIENTS**

### **ASSESS & DETERMINE**

GLYCEMIC TARGETS, CONTROL & PRIORITIES  
ASSESS AND DETERMINE COMPLICATIONS

### **ADVISE AND ASSIST**

CLIENT CENTERED COUNSELING  
DIABETES MEDICATIONS  
SELF BLOOD GLUCOSE MONITORING - SBGM  
OVERVIEW OF LIFESTYLE MANAGEMENT OPTIONS  
NUTRITION  
PHYSICAL ACTIVITY  
PSYCHOSOCIAL FACTORS INCLUDING STRESS MANAGEMENT

### **AGREE ON GOALS**

### **ARRANGE FOLLOW-UP**

### **PUTTING IT ALL TOGETHER**