



**Alberta Health
Services**

Certificate of Participation

Thank you for your participation in the:

*Basic Diabetes Workshop
for Healthcare Professionals (4.5 hrs)*

*offered by the
Endocrinology and Metabolism Program,
Calgary zone of Alberta Health Services, on:
Oct 23, 2024*

*Dr. J. McKeen (Medical Director)
B. Madrick, D. Dyjur, S. Bender (Education Consultants)
Diabetes Centre Calgary, Endocrinology & Metabolism Program
Alberta Health Services, Calgary zone*

Basic Diabetes Workshop for Healthcare Professionals

Presented by:

Dr. Julie McKeen, Diabetes Centre Calgary, Medical Director

Bev.Madrack@ahs.ca, Dave.Dyjur@ahs.ca, Shelley.Bender@ahs.ca, Education Consultants
Endocrinology & Metabolism Program, Calgary Zone, Alberta Health Services

Via Zoom Link 0800 to 1230 hrs

AGENDA

WELCOME

PATHOPHYSIOLOGY, DIAGNOSIS AND TREATMENT OVERVIEW

AGENDA-SETTING WITH CLIENTS

ASSESS & DETERMINE

GLYCEMIC TARGETS, CONTROL & PRIORITIES

ASSESS AND DETERMINE COMPLICATIONS

ADVISE AND ASSIST

CLIENT CENTERED COUNSELING

DIABETES MEDICATIONS

SELF BLOOD GLUCOSE MONITORING - SBGM

OVERVIEW OF LIFESTYLE MANAGEMENT OPTIONS

NUTRITION

PHYSICAL ACTIVITY

PSYCHOSOCIAL FACTORS INCLUDING STRESS MANAGEMENT

AGREE ON GOALS

ARRANGE FOLLOW-UP

PUTTING IT ALL TOGETHER