

Diabetes Workshops for Healthcare Professionals

Presented by Diabetes Centre Calgary, Endocrinology & Metabolism Program via Zoom

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Dates & registration: <https://diabeteseducatorscalgary.ca/resources/educators-learning/workshop-sign-up.html>

BASIC DIABETES WORKSHOP AGENDA

PATHOPHYSIOLOGY, DIAGNOSIS AND TREATMENT OVERVIEW

AGENDA-SETTING WITH CLIENTS

ASSESS & DETERMINE

GLYCEMIC TARGETS, CONTROL & PRIORITIES

ASSESS AND DETERMINE COMPLICATIONS

ADVISE AND ASSIST

CLIENT CENTERED COUNSELING

DIABETES MEDICATIONS

SELF BLOOD GLUCOSE MONITORING - SBGM

OVERVIEW OF LIFESTYLE MANAGEMENT OPTIONS

NUTRITION

PHYSICAL ACTIVITY

PSYCHOSOCIAL FACTORS INCLUDING STRESS MANAGEMENT

AGREE ON GOALS

ARRANGE FOLLOW-UP

PUTTING IT ALL TOGETHER

INTERMEDIATE DIABETES WORKSHOP AGENDA

DETERMINGING SECOND AND THIRD LINE AGENTS

ADJUSTING ANTI-HYPERGLYCEMIC AGENTS OTHER THAN INSULIN

INJECTING DIABETES MEDICATIONS (INSULIN AND GLP-1 AGONIST PENS)

STARTING BASAL INSULIN (WHY, WHEN, FORMULAS, CASES)

ADJUSTING BASAL INSULINS WITH AGENTS OTHER THAN INSULIN (CASES, SCENARIOS)

ADVANCED DIABETES WORKSHOP AGENDA

ADVANCED PRIMER QUIZ

THE THEORY BEHIND BASAL, BOLUS INSULIN THERAPY

BOLUS AND BASAL INSULIN FORMULAS AND CASES

BASAL AND BOLUS STARTING DOSES

ISF CREATION AND USE

CARBOHYDRATE MANAGEMENT AND ICR CREATION

COMPLEX INSULIN ADJUSTMENTS