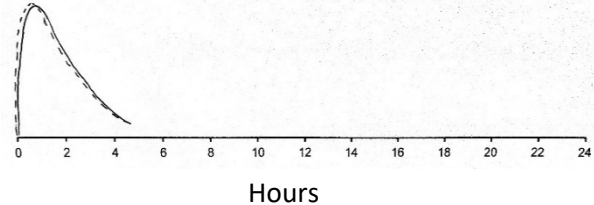
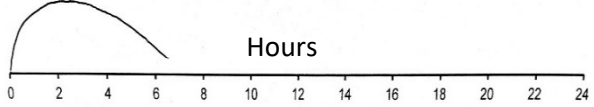
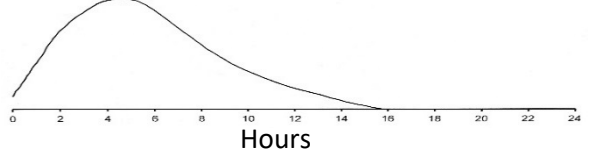
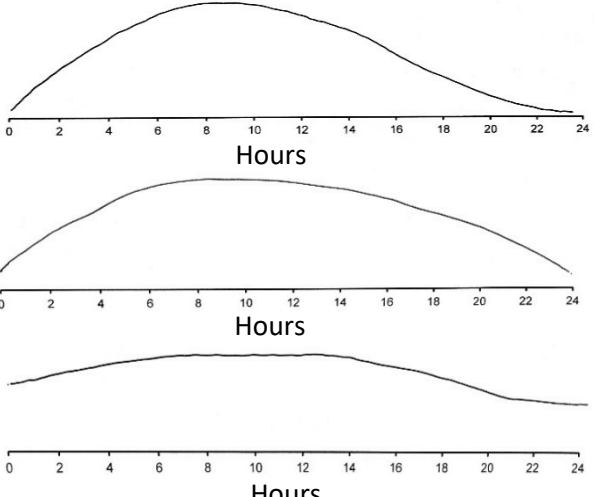
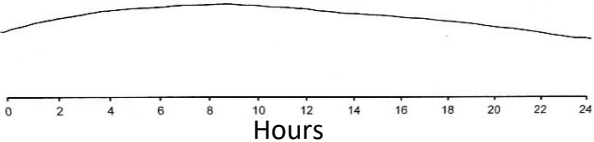
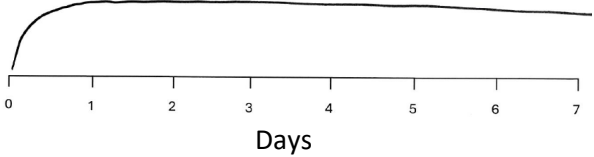


Average Insulin Action Time

Insulin	Average insulin action (graphs show 24 h action – except Awiqli shows 1 week)
<p>Rapid-acting Onset 10 to 20 min, Peak 1 to 3 h, Duration 3 to 5 h</p> <ul style="list-style-type: none"> • Aspart: NovoRapid®, Trurapi® • Faster Aspart: Fiasp (slightly faster onset - dashed line) • Glulisine: Apidra® • Lispro: Admelog®, Humalog® 	
<p>Short-acting Onset 30 to 60 min, Peak 2 to 4 h, Duration 6 to 8 h</p> <ul style="list-style-type: none"> • Regular: Humulin R®, Novolin Toronto® 	
<p>Intermediate-acting (cloudy) Onset 1 to 2 h, Peak 5 to 8 h, Duration 14 to 18 h</p> <ul style="list-style-type: none"> • Humulin N®, Novolin NPH® • Concentrated short-acting: Entuzity® 	
<p>Long-acting Onset 1.5 h, No peak, Duration 16 to 24 h</p> <ul style="list-style-type: none"> • Levemir® <p>Onset 1.5h, No peak, Duration 24 h</p> <ul style="list-style-type: none"> • Basaglar®, Lantus® <p>No peak, Duration up to 36 h</p> <ul style="list-style-type: none"> • Toujeo® 	
<p>Ultra-long-acting No peak, Duration 42 h</p> <ul style="list-style-type: none"> • Degludec: Tresiba® 	
<p>Ultra-long-acting No peak, Duration: over 1 week</p> <ul style="list-style-type: none"> • Icodec: Awiqli® 	

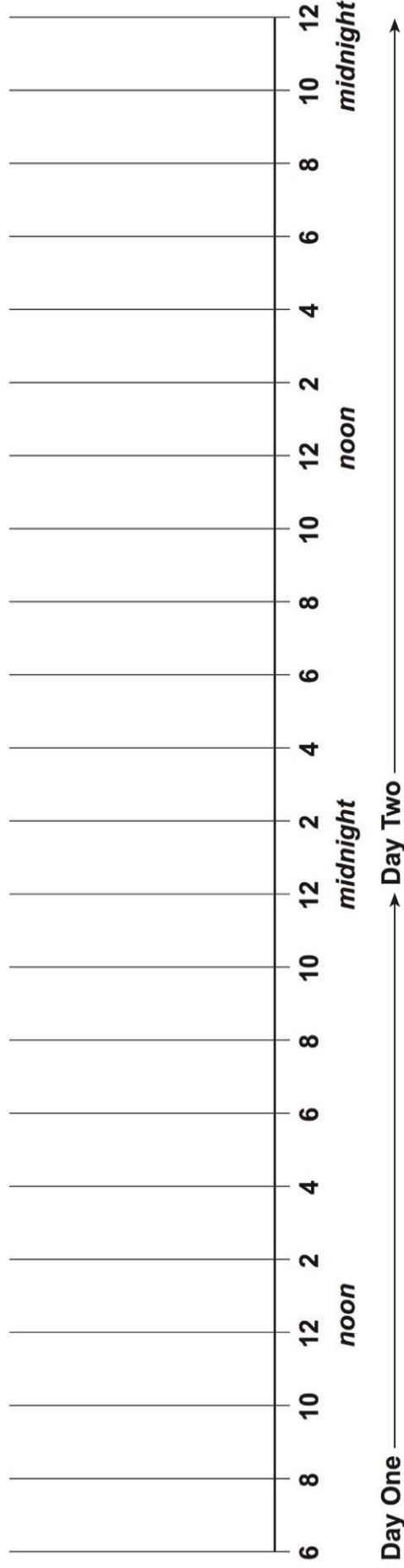
health information

Your Insulin Schedule

Date _____

Goals _____ before meals

_____ after meals



Time to test your blood sugar = ↓
Time to inject insulin = ▲

Diabetes Medicine

This material is for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have questions, speak with your doctor or appropriate healthcare provider.